

LDCJC Basketball League
By-Laws
2025 Season

Purpose & Mission Statement

The purpose of the LDCJC basketball league is better defined this year and is accompanied by a mission statement all players participating in the league will be expected to know and uphold.

Purpose

- Make better servants of the Lord
- Teach and engrain the principle of sportsmanship
- Teach and apply the principles of health and exercise
- Learn the game of basketball, rules, increase skill, etc.
- Have fun!

Mission Statement

Our purpose for being a part of the LDCJC is to learn and apply Celestial principles so that we may return home to our Heavenly Father in the highest degree of glory. Everything we do supports this idea and magnifies it. The LDCJC basketball league is no exception. Everything to do with the basketball league will support and be an example of these goals in their entirety.

We will create and maintain a fun and positive environment for our youth that teaches life skills that are hard to be obtained anywhere else. These life skills include, but are not limited to: sacrifice, excellence, sportsmanship, perseverance, health and exercise, perfection of the sport, humility, self control, to righteously and happily congratulate an opponent in the face of defeat, even when we give our all, to try our hardest in pushing for and achieving victory, cooperation, respect, and, above all, charity.

We will live and apply previously mentioned principles and all other principles pertaining to the LDCJC organization. We will set the example of how the Lord's people play basketball both on court and off. We as the older members will set these examples and live these underlying principles. We as the younger members will follow these examples and soon be those examples ourselves. We will make this year the best basketball year we have ever had! With this end in mind, we will gather together in the enjoyment of our brother's company, in the name of the Lord. As we work together in this as friends, we will be better equipped in accomplishing and achieving the awesome and powerful responsibilities that await us in life in the LDCJC.

By-Laws

The following by-laws apply to every participant in the LDCJC basketball league. All participants will be held responsible to know and understand all rules and regulations contained in this document. All rules will be enforced by the commissioner, committee, event managers and referees. These by-laws are subject to change throughout the season to address any issues that may arise throughout. All participants will have access to these by-laws so that they can be aware of any changes.

Participation

- (i) All participants must read, fill out and sign the Participation Agreement that details the LDCJC Basketball League requirements. The Participation Agreement will serve, in part, as an application to participate in the league.
- (ii) The governing body (The Committee and Commissioner) must approve all applicants before they will be invited to participate or picked on a team. The Committee shall consist of at least 5 members; including the Commissioner. The Commissioner must be a numbered man and there must be at least one additional numbered man on the committee. All Committee members must be approved by the LDCJC Athletic Board.
- (iii) Participation approval shall be awarded at the discretion of the governing body; however, the following guidelines will serve as a basis for requirements that potential participants should expect to meet:

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- Participants must be members of the LDCJC, in good standing; with an open invitation to attend all meetings and LDCJC related events. Non-members are allowed to participate if they have an approved non-member application and meet all requirements shown below.
- Participants must abstain from the use of alcohol, tobacco, and illegal substances and from the intentional misuse or abuse of any substance. Sexual misconduct; cohabitation with the opposite sex, obscene or indecent conduct or expressions; disorderly or disruptive conduct; participation in gambling activities; involvement with pornographic, erotic, indecent, or offensive material; and any other conduct or action inconsistent with the principles of the LDCJC will not be permitted.
- Participants that are on any type of probationary status within the LDCJC or DCCS must be cleared by the LDCJC Athletic Board before being declared eligible to participate in the league. If a person is on a probationary status, they are not eligible to serve on the committee or be a team captain. They must also have an approved sponsor that approves their participation in the league and attends each game they attend and/or participate in. Sponsors are approved by the committee and must hold the priesthood or be active in the priesthood program.
- Non-members (defined as people who have never had membership) will only be allowed to participate if it is determined (through voting) by the Committee and approved by the Commissioner that said individuals are seriously considering joining the LDCJC, or that they have family members who are seriously considering joining the LDCJC and that participation will promote the will of Heavenly Father.
 - i. In order for a non-member to be considered for eligibility; a completed “Non-Member Application” signed by an approved Sponsor, must be submitted to the Committee for review.
- Ex-members (defined as people who have forfeited or lost membership), or members not in good standing will not be allowed to participate without expressed permission from the LDCJC Athletic Board.
- Serious inappropriate violations of league policy may (at the discretion of the Commissioner/Committee) justify a player being expelled from the league. If a player is expelled from the league, they will not be allowed or invited to participate in the league to any degree and their membership fees will not be refunded.
- The LDCJC Women’s Basketball League allows a husband and/or father of a player or captain to be an assistant coach for a team. That person must meet all of the same qualifications and standards that is expected by a captain in the league. Only one assistant coach is allowed to be on the sideline in the team area during the game. If there is more than one or the assistant coach does not follow the conduct rules of the league, they will be asked to leave the sideline team area by a ref, EM or committee member.
- It is the intention of the League to ensure that ALL players participate and receive adequate playing time. As a minimum requirement; each player picked on a team shall receive playing time equal or greater than 25% of available game time while present. I.e. if a player is present ready & able to play for an entire game, they must play at least 25% of the game (7 minutes in a 28 minute game). If a player arrives late or leaves early for a game he is only required to play 25% of the number of minutes he was present and available for the game. Overtime periods are exempt from this rule. Playoff games are exempt from this rule. As a responsibility of the Team Captain to ensure playing time for each player; the **Captain of the Team will be fined** up to the total player league fees for each player that does meet the 25% playing time requirement.
- A player must play in at least 50% of the regular season games in order to be nominated for an award for that season. A game missed due to injury will not count as a played game. All players that play in less than 50% of the regular season games will be considered ineligible for any season awards handed out by the league.

Sideline Support Positions

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Sideline support positions (event manager, refs, stats, scoreboard, and camera) must complete Training to be certified prior to performing duties in a game. Any player who is scheduled and is not trained is required to find a trained and qualified person to replace them. Failure to do so will result in a suspension and fine for that player. The player will not be allowed to play in future games until the fine is paid.

- (i) Sideline positions will be scheduled prior to games. Refer to the league schedule.
- (ii) Game rules will follow those of the LDCJC Basketball Rulebook for the most recent season.
- (iii) These rules will be interpreted and enforced by the Commissioner and Committee.
- (iv) Game referees (refs) shall provide on-court, in-game representation of the Commissioner. Refs shall be held accountable to the Commissioner, and at no point will they be required to justify their actions to players or captains.
- (v) Each game will have 3 refs (Jr D will only have 1 court teacher). If a rookie ref is scheduled and they need additional training in order to effectively make calls in the game, they will be allowed to locate an experienced ref and shadow them for the game, for no more than 2 games. This exception must be approved by the commissioner.
- (vi) Non-players will be allowed to ref if they have gone through the appropriate ref training and approved by the Committee.
- (vii) If at any point a ref gets into a dispute, argument, fight, altercation, etc. with a player or another ref, they shall be suspended indefinitely from ref responsibilities and league participation.
If a sideline support position is unable to attend a game they are scheduled, they will be allowed to and hold the responsibility for finding a replacement. The replacement must be a trained & qualified person. A list of trained sideline positions personnel will be available on the league website.
- (viii) **If a sideline support position is scheduled and fails to show up, or shirks their responsibility, they will be suspended from league participation for 1 game and be required to pay a fine of \$5 for each game missed for duties. Suspensions apply to the next scheduled game, even if it's on the same night. Tardiness to a game will result in a half game suspension in the next scheduled game and a potentially discounted fine; at the discretion of the committee. The Commissioner and the Committee shall have the authority to increase or decrease the suspension as it sees fit. Blatant, repeated absences will carry a longer suspension and greater fine, whereas emergency-related absences may carry no suspension or fine at all.**
- (ix) The Event Manager will be responsible for recording and reporting absences and tardiness to the Commissioner and Committee, and will have the authority to hand out suspensions (only) for shirking of responsibilities for sideline support positions.

Technical Fouls & Warnings

- (i) The Commissioner may review all technical fouls through video, if available. Any and all suspension(s) and fines accompanying a technical foul will be determined at the discretion of the Commissioner. The Commissioner shall sanction any and all suspensions and fines.
- (ii) **Technical fouls** may be given during games at the discretion of the refs. Each Technical foul given will be accompanied by a ***minimum fine of \$25***. If at any point a player has been given two technical fouls, they shall be ejected from the game and be under review for suspension. A technical foul is considered a serious offense. It is the intention of the Committee to stress the importance for the LDCJC Basketball League participants to perform at a high level, while always applying good sportsmanship. Any player receiving an ejection or suspension will be required to submit a 2 page essay to the CXO or Commissioner on the subject of good sportsmanship and what it means to them, prior to being able to play again.
- (iii) Grounds for players receiving technical fouls include the following:
 - Altercations, fights, yelling, unnecessary physical roughness, hand gestures, or inappropriate language directed at another player
 - Hand gestures directed at ref
 - Inappropriate language directed at ref
 - Questioning/insulting the integrity of a ref

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- Inappropriate comments from players not on the court directed at players and or refs
- Blatant/ strong disregard for sportsmanship
- Any other incident as per refs decision, or as per NBA guidelines
- Technical fouls may be given to a team if the team's spectators challenge or question the integrity of the referees or if they intentionally litter the court.

Foul language will not be tolerated in our league. Swear words and words that are said to sound like swear words are considered foul language. Foul language is punishable by automatic ejection and suspension under review. A review and interview shall be conducted by the commissioner to determine whether or not the offender will be suspended.

Suggestions will be given by the refs to provide players who may be on the verge of receiving a technical foul an opportunity to correct their actions. For example, a ref may say to a player: "I suggest you calm down and let it go, I would prefer not to give out any techs".

- (iv) If at any point a player who is a member of the Committee is given a technical foul, they shall be ejected from the game, the incident shall be reviewed by the Commissioner, and a vote shall be brought before the Committee as to whether the actions justify a forfeiture of Committee membership.

Off-Court Conduct

- (i) Members of the LDCJC Basketball League will be expected to represent the league and the LDCJC both on and off the court.
- (ii) Players may be fined, and/or suspended for off-court conduct unbecoming of an LDCJC basketball player. Conduct unbecoming will include, but is not limited to: actions detrimental to the league, the LDCJC, related persons or entities, members, etc. Suspensions and or fines for inappropriate behavior shall be sanctioned at the discretion of the Commissioner and by Committee vote.
- (iii) Serious inappropriate off court acts may (at the discretion of the Commissioner/Committee) justify a player being expelled from the league. If a player is expelled from the league, they will not be allowed or invited to participate in any way, to any degree and their membership fees will not be refunded.
- (iv) Players may be fined/ suspended for criticism of the refs or the calls made.
- (v) Fines shall be a minimum of \$5.00 to a maximum of \$50.00. The penalty shall fit the severity of the action, at the discretion of the Commissioner.
- (vi) If a player is fined any amount by the Commissioner, they shall not be allowed to play in any games until their fines are paid, cleared, authorized, etc. Money generated through fines will be put into a general fund and be used for league expenses.

Ethical Covenants

- (i) **All** players must shake hands/high fives with each member of the opposing team, each member of their own team, and each ref **before and after** every game. If at any point, players decline to follow this policy, they shall be given a minimum 2-quarter suspension for the next game they participate in.
- (ii) Swearing or use of inappropriate language will automatically warrant an ejection, and will be reviewed by the Commissioner for possible further suspension and or a fine.

Organizational Respect & Spectatorship

- (i) Players must show respect for the equipment, facility, venue, etc that is being used for league play.
- (ii) Players must be wearing the required uniform in order to participate.
- (iii) Players shall not invite any non-members, ex-members, or member not in good standing to participate as a spectator, unless prior approval is given by the Commissioner. The venue or facility shall be financially secured for an allotted time. Once the facility has been paid for by an organization, it is not considered open to the public. Any spectator, who is not invited by the approval of the Commissioner, shall be asked to leave.

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- (iv) If a player invites spectators, they will be required to ask the spectator to leave if the spectator acts inappropriately. Technical fouls may be given to a team if the team's spectators challenge or question the integrity of the referees or if they intentionally litter the court.
- (v) Games shall not be played unless a numbered man or a committee member is present.

Proper Equipment/Clothing/Gear

All players participating in any league games must wear proper equipment/clothing/gear (ECG). Before each game, referees will assess the ECG of each player. If the referees do not approve the ECG of a player, the player will not be allowed to play until they have rectified the problem. If a ref does not approve the ECG of a player, they are not considered suspended or ejected. They will be allowed to play as soon as they have the proper ECG and the referees approve it.

Proper ECG is defined as:

- A uniform black and white reversible jersey top (A jersey number is required for Varsity and JV). Short or long sleeve tee shirts may be worn under the jersey provided they are consistent with the league color scheme. If a player has ordered a jersey that has not yet arrived, the player may wear a temporary tee shirt or jersey (see section on "Jerseys"). Temporary uniforms will not be allowed for players who have a uniform jersey.
- The home team (as defined on the season schedule) shall wear a white jersey. The Visiting team shall wear a black jersey.
- Athletic bottoms (shorts/sweats/etc). It is preferred that the bottoms match (as closely as possible) the uniform jersey top. Bottoms must be all or mostly black but may contain white or grey trim, stripes or accents. **Colors that are not black, white, or grey are not allowed. Players who wears colored clothing will be considered out of uniform and will not be considered as having proper ECG.** No jeans, dress pants, etc.
- **Non-marking ATHLETIC SHOES.** No sandals, flip-flops, boots, work shoes, street shoes, dress shoes, slip-ons, etc. Please make sure your shoes are clean before stepping on the court. Refs may ask players whose shoes are leaving marks, mud or dirt to change or clean them.
- Trimmed fingernails
- Not Allowed: hats, watches, wedding rings or any type of jewelry
Allowed: prescription glasses, goggles, athletic bands, sleeves, braces, medical tape

Leadership position requirements

Leadership positions include commissioner, committee members, and captains. All who hold leadership positions must be an active member of LDCJC in good standing.

Commissioner is required to be a numbered man or woman and must be approved by the athletic board.

Commissioner shall not serve more than 2 consecutive years or more than 3 out of 5 years.

Committee members are required to be involved in the priesthood program or hold a position in the priesthood and must be approved by the athletic board. Committee members may not serve more than 6 consecutive years.

Captains are required to hold the priesthood or be active in the priesthood program. If they are too young to be part of the priesthood program, they must have a committee approved sponsor that is part of the priesthood program and their sponsor must be in attendance for each game they participate in. Captains may not serve more than 4 consecutive years and no more than 5 out of 7 years.

Rules & Regulations:

All LDCJC Basketball Leagues will abide by the LDCJC Basketball Rulebook for the most recent season with the following exceptions:

Three Point Line:

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Men's JV, D & Jr D league will utilize the inner (high school) 3 point line.

Women's V, JV & D league will utilize the inner (high school) 3 point line.

Jump Ball:

Women's V, JV & D League will utilize the "Possession Arrow Rule" in place of a Jump Ball.

After the initial jump ball at the start of the game, possessions will alternate each time a Jump Ball is called and at the beginning of each quarter and will not reset for the remainder of the game.

Tie Breaker:

The following shall be used to determine which team is ranked higher when teams end the regular season with the same record:

- 1) Better winning percentage in head-to-head matchups
- 2) Better winning percentage against teams eligible for playoffs
- 3) Better net result of total points scored less points allowed in head-to-head matchups

Player fouls out:

This rule applies to girls JV and lower leagues as well as boys D league and lower leagues.

In order to bring a player back into the game after a player fouls out (according to the NBA Rule Book) a team is normally assessed a technical foul and the opposing team shoots a technical free throw. Instead of shooting a technical free throw, the opposing team will be awarded an automatic two points for each foul committed by that player..